

# Vespers

Friday Evening Prayer March 22, 2024



## **INTRODUCTION**

Leader: God, + come to my assistance.

All: Lord, make haste to help me.

Leader: Glory to the Father, and to the Son, and to the Holy Spirit:

All: as it was in the beginning, is now, and will be for ever. Amen.

## **PSALMODY**

# Psalm 41: Prayer of a sick person

One of you will betray me, yes, one who eats with me (Mark 14:18).

# **Antiphon:**

Leader: Lord, lay your healing hand upon me,

All: for I have sinned.

Leader: Happy the man who considers the poor and the weak. The Lord will save him in the day of evil, will guard him, give him life, make him happy in the land and will not give him up to the will of his foes. The Lord will help him on his bed of pain, he will bring him back from sickness to health.

All: As for me, I said: "Lord, have mercy on me, heal my soul for I have sinned against you."
My foes are speaking evil against me.
"How long before he dies and his name be forgotten?"

They come to visit me and speak empty words, their hearts full of malice, they spread it abroad.

My enemies whisper together against me.
They all weigh up the evil which is on me:
"Some deadly thing has fastened upon him, he will not rise again from where he lies."
Thus even my friend, in whom I trusted, who ate my bread, has turned against me.

But you, O Lord, have mercy on me.
Let me rise once more and I will repay them.
By this I shall know that you are my friend,
if my foes do not shout in triumph over me.
If you uphold me I shall be unharmed
and set in your presence for evermore.

Blessed be the Lord, the God of Israel from age to age. Amen. Amen.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

# **Antiphon:**

Leader: Lord, lay your healing hand upon me, 3

All: for I have sinned.

# **Psalm Prayer**

Leader: Lord Jesus, healer of soul and body, you said: Blessed are the merciful, they will obtain mercy. Teach us to come to the aid of the needy in a spirit of love, that we in turn may be received and strengthened by you.

**Psalm 46:** God our refuge and strength He shall be called Emmanuel, which means: God-with-us (Matthew 1:23).

# **Antiphon:**

Leader: The mighty Lord is with us;

All: the God of Jacob is our stronghold.

God is for us a refuge and strength, a helper close at hand, in time of distress: so we shall not fear though the earth should rock, though the mountains fall into the depths of the sea, even though its waters rage and foam, even though the mountains be shaken by its waves.

The Lord of hosts is with us: the God of Jacob is our stronghold.

The waters of a river give joy to God's city, the holy place where the Most High dwells. God is within, it cannot be shaken; God will help it at the dawning of the day. Nations are in tumult, kingdoms are shaken: he lifts his voice, the earth shrinks away.

The Lord of hosts is with us: the God of Jacob is our stronghold.

Come, consider the works of the Lord, the redoubtable deeds he has done on the earth. He puts an end to wars over all the earth; the bow he breaks, the spear he snaps. He burns the shields with fire. "Be still and know that I am God, supreme among the nations, supreme on the earth!"

The Lord of hosts is with us: the God of Jacob is our stronghold.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

# **Antiphon:**

Leader: The mighty Lord is with us;

All: the God of Jacob is our stronghold.

# **Psalm Prayer**

Leader: All-powerful Father, the refuge and strength of your people, you protect in adversity and defend in prosperity those who put their trust in you. May they persevere in seeking your will and find their way to you through obedience.

# Canticle: Revelation 15:3-4: Hymn of adoration

## **Antiphon**

Leader: All nations will come

All: and worship before you, O Lord.

Mighty and wonderful are your works, Lord God Almighty! Righteous and true are your ways, O King of the nations!

Who would dare refuse you honor, or the glory due your name, O Lord?

Since you alone are holy, all nations shall come and worship in your presence. Your mighty deeds are clearly seen. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

# **Antiphon**

Leader: All nations will come

All: and worship before you, O Lord.

READING: 1 Peter 2:21-24

Christ suffered for you, and left you an example, to have you follow in his footsteps. He did no wrong; no deceit was found in his mouth. When he was insulted, he returned no insult. When he was made to suffer, he did not counter with threats. Instead, he delivered himself up to the One who judges justly. In his own body he brought your sins to the cross, so that all of us, dead to sin, could live in accord with God's will. By his wounds you were healed.

## **RESPONSORY**

*Reader:* To you, O Lord, I make my prayer for mercy.

All: To you, O Lord, I make my prayer for mercy.

Heal my soul, for I have sinned against you.

I make my prayer for mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,

— To you, O Lord, I make my prayer for mercy.

#### **GOSPEL CANTICLE**

Canticle of Mary: Luke 1:46-55

The soul rejoices in the Lord

Leader: Even if you have no faith in my words,

All: you should at least believe the evidence of the

works I do in God's name.

My + soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior for he has looked with favor on his lowly servant.

From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name.

He has mercy on those who fear him in every generation.

He has shown the strength of his arm, he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, and has lifted up the lowly.

He has filled the hungry with good things, and the rich he has sent away empty

He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

## **Antiphon:**

Leader: Even if you have no faith in my words,

All: you should at least believe the evidence of

the works I do in God's name.

## **INTERCESSIONS**

Reader: The Lord Jesus sanctified his people with his blood. Let us cry out to him:

All: Lord, have mercy on your people.

Loving, Redeemer, through your passion teach us selfdenial, strengthen us against evil and adversity, and increase our hope,

and so make us ready to celebrate your resurrection.
 Lord, have mercy on your people.

Grant that Christians, as your prophets, may make you known in every place,

 and bear witness to you with living faith and hope and love.

Lord, have mercy on your people.

Give your strength to all in distress,

and help us to raise them up through our loving concern
 Lord, have mercy on your people.

Teach the faithful to see your passion in their sufferings,

– and show to others your power to save.

Lord, have mercy on your people.

Author of life, remember those who have passed from this world,

grant them the glory of your risen life.

Lord, have mercy on your people.

#### THE LORD'S PRAYER

Our Father, who art in heaven,

thy kingdom come;
thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

#### **CONCLUDING PRAYER**

Pardon the offenses of your peoples, we pray, O Lord, and in your goodness set us free from the bonds of the sins we have committed in our weakness.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

- Amen.

#### **DISMISSAL**

If a priest or deacon presides, he dismisses the people:

The Lord be with you.

And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit.

- Amen.

Go in peace.

- Thanks be to God.

In the absence of a priest or deacon and in individual recitation, Evening Prayer concludes:

May the Lord + bless us, protect us from all evil and bring us to everlasting life.

- Amen.