

GOOD FRIDAY MORNING PRAYER

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

All: Glory be ...Amen.

Psalm 50 (51)

God, have mercy on me

God did not spare his own Son, but gave him up for us all.

Take pity on me, Lord, in your mercy;
in your abundance of mercy wipe out my
guilt. Wash me ever more from my
guilt and cleanse me from my sin.

**For I know how guilty I am:
my sin is always before me.**

**Against you, you alone have I sinned,
and I have done evil in your sight.**

Know this, so that you may give just
sentence and an unbiased judgement.

See, I was conceived in guilt,
in sin my mother conceived me;
but you love truth in the heart,
and deep within me you have shown me
your wisdom.

**You will sprinkle me with hyssop, and I
will be made clean; you will wash me, and
I will be whiter than snow.**

You will make me hear the sound of joy and
gladness; the bones you have crushed will
rejoice.

**Turn your face away from my sins and
wipe out all my transgressions; create a
pure heart in me, God, put a steadfast
spirit into me.**

Do not send me away from your presence,
or withdraw your holy spirit from me; give
me again the joy of your salvation, and be
ready to strengthen me with your spirit.

**I will teach the unjust your ways,
and the impious will return to you.**

**Free me from the guilt of bloodshed, God,
God my saviour, and my voice will glory
in your justice.**

Open my lips, Lord, and my mouth will
proclaim your praise; for you do not delight
in sacrifices: if I offered you a burnt
offering, it would not please you.

**The true sacrifice is a broken spirit:
a contrite and humble heart, O God, you
will not refuse.**

Be pleased, Lord, to look kindly on Zion,
so that the walls of Jerusalem can be
rebuilt,

**Then indeed you will accept the proper
sacrifices, gifts and burnt offerings;
then indeed will bullocks be laid upon
your altar.**

All: Glory be to the Amen

God did not spare his own Son, but gave him up for us all.

Canticle

Habakkuk 3

The Lord will appear in judgement

Jesus Christ showed his love for us and freed us from our sins with his life's blood.

Lord, I heard what you gave me to hear,
and I was struck with awe of your work.
In the midst of the years, bring it to life;
in the midst of the years you will make it
known.

**When you are angry, you will remember
your mercy.**

**God will come from Theman,
the holy one from the mountain of
Pharan.**

**His glory has covered the heavens
and the earth is full of his praise.**

His brightness shall be like light itself,
rays shining from his hands –
there is his strength hidden.

You went forth for the salvation of the
people,

for salvation with your anointed one.

**You made a way through the sea for your
horses,**

in the silt of many waters.

**I have heard you, Lord,
and my stomach churns within me;
at the sound of your voice my lips
tremble.**

My bones rot away, my steps stumble.
I will rest and be quiet on the day of
tribulation

and let it overtake those who have invaded
us.

**For the fig will not flower,
the vines will not fruit,
the work of the olive will be lost.**

The fields will yield no food,
the flocks will be cut off from the
sheepfold,

there will be no cattle in the stalls.

**But I will rejoice in the Lord, take joy in
God my saviour.**

The Lord God is my strength.

**He will make me as sure-footed as the
deer. He will lead me up to the heights.**

All: Glory be to the Father ... Amen.

Jesus Christ showed his love for us and freed us from our sins with his life's blood.

Psalm 147 (147B)

God, the foundation of Jerusalem

We venerate your Cross, Lord; we praise and glorify your holy resurrection. Because of the tree joy has come into the whole world.

Praise the Lord, Jerusalem
— Zion, praise your God.

For he has strengthened the bars of your gates,
he has blessed your children.
**He keeps your borders in peace,
he fills you with the richest wheat.
He sends out his command over the earth,
and swiftly runs his word.**
He sends down snow that is like wool,
frost that is like ashes.
He sends hailstones like crumbs
— who can withstand his cold?
**He will send out his word, and all will be melted;
his spirit will breathe, and the waters will flow.**
He proclaims his word to Jacob,
his laws and judgements to Israel.
He has not done this for other nations:
he has not shown them his judgements.

All: Glory be to the Father ... Amen

We venerate your Cross, Lord; we praise and glorify your holy resurrection. Because of the tree joy has come into the whole world.

Short Reading **Isaiah 52:13-15** [©](#)

Short Responsory

Christ humbled himself for us and, in obedience, accepted death, even death on a cross.

Canticle

Benedictus

The Messiah and his forerunner

Over his head was placed the charge against him: 'This is Jesus, the Nazarene, the King of the Jews.'

Blessed be the Lord, the God of Israel,
for he has come to his people and brought about their redemption.

**He has raised up the sign of salvation
in the house of his servant David,
as he promised through the mouth of the holy ones,**

his prophets through the ages:
to rescue us from our enemies
and all who hate us,
to take pity on our fathers,
to remember his holy covenant
and the oath he swore to Abraham our father,
**that he would give himself to us,
that we could serve him without fear
— freed from the hands of our enemies —
in uprightness and holiness before him,
for all of our days.**

And you, child, will be called the prophet of the Most High:

for you will go before the face of the Lord
to prepare his path,
to let his people know their salvation,
so that their sins may be forgiven.

**Through the bottomless mercy of our God,
one born on high will visit us**

**to give light to those who walk in darkness,
who live in the shadow of death;
to lead our feet in the path of peace.**
All: Glory be to the Father ... Amen

Over his head was placed the charge against him: 'This is Jesus, the Nazarene, the King of the Jews.'

Prayers and intercessions

Let us pray to our Redeemer, who suffered for us, was buried, and rose from the dead.

— *Lord, have mercy on us.*

Lord and master, for us you became obedient even to death;

keep us faithful to God's will in the darkness of our lives.

— *Lord, have mercy on us.*

Jesus, our life, by dying on the cross you destroyed hell and death;

grant that we may die with you and rise with you in glory.

— *Lord, have mercy on us.*

Christ, our king, you were the scorn of the people, a worm not a man;

teach us to tread your path of humility.

— *Lord, have mercy on us.*

Jesus, our Saviour, you laid down your life for your friends;

let us love one another as you have loved us.

— *Lord, have mercy on us.*

Jesus, our hope, you stretched out your hands on the cross to embrace all ages of men;

gather all God's scattered children into the kingdom of salvation.

— *Lord, have mercy on us.*

All: Our Father

Leader: Be mindful, Lord, of this your family,

for whose sake our Lord Jesus Christ, when betrayed,

did not hesitate to yield himself into his enemies' hands

and undergo the agony of the cross.

Who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

Amen.

Priest: The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen